

**MONDAY**

**Breakfast**

Crumpets (soft cheese, vegan butter, mashed banana);  
Variety of Cereals; Fresh Fruit;  
Milk

**Snack**

Breadsticks, Vegetable Sticks,  
Humous

**Lunch**

Vegetable Stir Fry

**Desert**

Fruit Salad

**Tea**

Omelette served with Sliced  
Peppers

**Desert**

Malt Loaf

**TUESDAY**

**Breakfast**

Pitta Bread (soft cheese, vegan butter, mashed banana);  
Variety of Cereals;  
Fresh Fruit; Milk

**Snack**

Rice Cakes with Soft Cheese

**Lunch**

Chicken and Mushroom  
Risotto

**Vegetarian**

Quorn and Mushroom Risotto

**Desert**

Banana and Carrot Cake

**Tea**

Creamy Pasta served with  
Bean Salad

**Desert**

Fresh Fruit

**WEDNESDAY**

**Breakfast**

Toast (soft cheese, vegan butter, mashed banana);  
Variety of Cereals; Fresh Fruit;  
Milk

**Snack**

Fresh Fruit, Oat Cakes

**Lunch**

Baked Salmon and Sweet  
Potato Mash

**Vegetarian**

Falafel and Sweet Potato Mash

**Desert**

Fruit Kebabs

**Tea**

Vegetable Sticks, Pitta Bread  
and Humous

**Desert**

Yoghurt and Fruit Puree

**THURSDAY**

**Breakfast**

Muffins (soft cheese, vegan butter, mashed banana);  
Variety of Cereals; Fresh Fruit;  
Milk

**Snack**

Breadsticks, Vegetable Sticks,  
Boiled Egg, Yoghurt Dip

**Lunch**

Spaghetti Bolognese served  
with Side Salad

**Vegetarian**

Quorn-Mince Bolognese  
served with Side Salad

**Desert**

Yoghurt and Fruit Puree

**Tea**

Assorted Sandwiches (Soft  
Cheese, Tuna Mayo, Meat-  
Free Slices)

**Desert**

Tinned Fruit

**FRIDAY**

**Breakfast**

Toast (soft cheese, vegan butter, mashed banana);  
Variety of Cereals; Fresh Fruit;  
Milk

**Snack**

Fresh Fruit, Oat Cakes

**Lunch**

Baked Bean and Vegetarian  
Sausage Hotpot

**Desert**

Fresh Fruit

**Tea**

Cous Cous Salad

**Desert**

Yoghurt and Fruit Puree